# History of PIP and MCP joints replacement

C. Dumontier, MD, PhD Institut de la Main & hôpital saint Antoine, Paris

#### **History of « arthroplasties »**

#### A. Paré resects an elbow in a 16 years old boy





#### History of « arthroplasties »

- Hoffa (1900) performed a wrist joint resection with interposition
- 1st world war: resectionarthroplasties were performed in fingers by Russian surgeons with interposition (quoted by Schupatschoff)



#### **Fingers arthroplasties**

1914: Payr, 2 cases in the PIP with interposition

- 1915: Gallagher
- 1920: Lexer, 1 PIP in a violinist with subcutaneous tissue interposition
- 1929: Mac Ausland interposed fascia lata

#### 35 cases reported in 1954

## **PIP resection- arthroplasty**

 Fowler (1947) reported 16 cases in 2nd world war injured patients

• Carroll (1954) reported of 30 cases





## **PIP resection- arthroplasty**

• Bunnell' closing remarks: « ...there are certains requirements. There must be redundancy of dorsal skin, the surroundings part must be in good condition, the muscles must be working, the long extensor must be free from adhesions and there must be a strong flexor.. »



## **MP** resection-arthroplasty

 1940, Smith-Peterson is credited for the 1st resection-arthroplasty

 Fowler (1946) and Riordan & Fowler (1947) described the double-wedge resection



# **MP** resection-arthroplasty

# 1947, Kestler 1958, Kuhn





#### Resected

#### Kestler Method

#### Not very popular



# **MP** resection-arthroplasty

- 1964, Vainio, interposition of the plicated extensor tendon
- 1985 (?), Tupper, interposition of the palmar plate



See: Vainio & Tupper for more details, JHS 1989 suppl II



# **Resection-arthroplasties**

- All were abandoned in the late 70's-80's with the availability of silicone implant (and new prosthesis)
- However, comparative studies failed to demonstrate their inferiority compared to silicone interposition at the MP joint level
- They are seldom used when prosthetic replacement is contra-indicated (infection,...)

# **First protheses**

 Burman (1940) uses a Vitalium cup on a middle finger

Gerold Klein (1958) is credited for using a prosthesis



# **First protheses**

 Brannon (1959) uses a metal then titanium prosthesis designed after wood models (2 MP & 12 PIP

1.1.1.1.1.1.







Brannon, 1959 many problems including magnetisation of the finger !

# First prostheses

 Flatt (1960) modifies Brannon's design and reports of 101 cases in 1961, 242 cases in 1972



# Flatt's series

242 cases, 6,2 yrs FU
167 MP (15 withdrawn), 16° mobility
75 PIP (11 withdrawn), 36° mobility







# **Blairs' series**

 Blair (1984) reported of 56 Flatt's prostheses with 11,4 years follow-up

25° mobility

#### • <u>However</u>

- 45% extensor dislocation
- 50% axial rotation of the finger
- 57% recurrence of ulnar drit
- 86% implants are loose

# **Other prostheses**

Steffee (1964) designed 3 successive models, of which 106 cases were reported in 1997

Mark I

Mark II

Mark III



50% complications between 2 and 10 years FU

# Many models were designed in the 70's

Most are anecdotical only
St Georg (11 cas)
Schetrumpf (13 cas)
Garcia- Moral
Strickland
Walker

# Schulz's design

 One series (Adams, 1990) reported of hinge fracture (40%), heterotopic ossification (100%) and lucent lines (80%) with degradation of results starting in the 3rd year



# Nicolle's design (1973)

101 MP joints replacement (24 pts) (Varma, JHS 91) with 40 m FU
Flexion 30°, Ulnar deviation 27°
4% removed for infection

None were fractured





#### Disappointing results made these prostheses to be abandoned in the 80's

- Loosening (86%)
- Fracture of the implant (50%)
- Recurrence of deformation (swan-neck, Boutonniere, ulnar drift,...)
- Progressive loss of mobility
- Subsidence

Constrained designs have biomechanical disadvantages Their inherent stability increases loading on the stems with loosening and/or breakage



**Figure 4.** Hinge joint: inherent mechanical disadvantage. (Top) The bearing's center and contact are colinear in extension. (Bottom) The contact displaces dorsally on flexion, altering the effective moment arms of flexion and extension. Solid circles, bearing center; open circles, axle contact.

#### Ways of research in the 80's

#### Silicone implants

 Increase bony fixation (Dacron coated), mobility (pre-flex), stability (Helal)

#### Prostheses

- Increase bony fixation (constrained and semi-constrained designs)
- Improvement of design with resurfacing prosthesis





# Silicone implants

- Biomeric implants broke early and are abandoned in the 70's
- Niebauer (1965) Dacroncoated prosthesis shows no improvement compared to Swanson design









# Silicone implants

 Other implants were scarcely used or reported



# Silicone implant

Helal 146 implants (40 pts), 1,5 yrs FU

 1,4 % fractures, 9,6 % infected, 11,6 ulnar drift

• ROM: 38° (0-10-48)





# Swanson (1966) is still the reference

- Available: Swanson (Wright), Soft Skeletal implant (ex-Sutter; Avanta),
- Neuflex (De Puy), Preflex (Avanta) Silicone MP (Ascension) are pre-flexed to 30°



#### MP joints, Swanson results

Author	n	implants	FU	Fx	ROM	other complication
Swanson 1972		3409	5	0,8%	53°	3%
Millender 1975	631	2105				0,4%
Maurer 1990	105	446	8,9	8%	48°	16%
Wilson 1993	77	375	9,6	3,2%	29°	45%
Kirschenbaum 1993	27	144	8,5	10,4%	43°	
Goldfarb 2003	36	208	14	63%	36°	

#### PIP joints, Swanson results

Author	implants	FU	Fx	ROM	other complication
Takigawa 2004	70	15	15%	30°	30%
Iselin 1995	120	5-23			11% infection
Lin 1995	69	3,4	7%	46°	18%
Ashworth 1997	99	5,8	10%	29°	
Swanson 1985	424	5	5%	38-60°	14%

# Third generation prosthesis

Bony fixation Resurfacing

# Intra-osseous fixation

 Many models were designed with a hinge and intra-medullary stems

With disappointing results at mid-term FU



# Titanium stems

 Hagert, then Lundborg reported their long-term experience with titanium stem

- Excellent bony fixation (> 90%)
- With fracture of the hinge (68%)







# **Titanium stems**

#### Moller reported the same experience at the PIP level

# **Resurfacing prosthesis**

 Introduced by Linscheid in 1979
 Goal: To limit the constraints on the implants by transferring the loads to the soft-tissues (ligaments and tendons)

 Pre-requisite: "Normal" tendons and intact ligaments



# First series

• 70% survival rate at 16 yrs

 32 good, 19 average and 15 poor results at 4,5 yrs FU

• ROM 47 ° (0-14-61)

# **Biomechanical limits**

 Motion depends on the exact replication of the center of rotation (positioning) in both planes



**Figure 5.** A change in the radius of curvature of the joint can alter the effective length of the tendons. In a semicircular joint configuration, the tendon will displace the length of the radius of curvature in 1 radian of angular displacement (57°). If the radius of curvature is decreased, the tendon is effectively lengthened; this results in an extension lag.  $\theta = d \operatorname{arc/r}$ .





Figure 6. Sagittal moment arms. (A) Normal, correct placement prosthesis. (B) Dorsal displacement results in flexion stance; palmar displacement results in extension stance.



**Figure 7.** Coronal moment arms. (Left) Normal. (Center) The position of the prosthesis maintains correct moment arms. (Right) Radial displacement of the prosthesis results in unbalanced moment arms and ulnar deviation.

This is particularly true at the MP level whose anatomy is very different from the PIP joint

# **Resurfacing prosthesis**

- Ascension (pyrocarbone)SBI (Avanta)
- Some warnings:
  - No bony fixation of the pyrocarbone implants
  - Huge constraints on the spongious bone
  - Squeaking of the prosthesis,..



# **Pyrocarbone series**

- Stutz, 13 cases, 1 yr FU, good results
- Tuttle, 18 cases, 13 m FU. All improved (2 loosening, 1 Fx, 8 noisy prosthesis,)
- Schultz, 20 cases, 0,5-2 yrs FU, minor radiological signs
- Herren, 17 cases, 20 m FU, 8 loosening !, 3 lucent lines
- Bravo, 50 cases, > 2yrs FU, mobility 40 ~ 47°, pinch 3 ~ 4 kg, grasp 19 ~ 25 kg, Pain 6,3 ~ 1,2/10
   28% secondary surgery, 8% revision rate

# Can we combine the two axles of research ?

- Condamine (1985) introduce the press-fit concept of a poliethylene stem
- Dias reported interesting results with 5 yrs FU for a MP prosthesis combining stem fixation and resurfacing design





M/C PLUG

EXT. GROOVE

# **Conclusion** 1

 We must split between MP and PIP prosthesis whose anatomy, physiology, surgical approach and indications are very different

	1	2	3	Total
MP	1777 Swanson	625 Avanta	219 Neuflex	2651
IPP	22 Swanson	10 Ascension	9 Avanta	57

# **Conclusion 2**

- PIP: bi-condylar joint, one single axis of rotation, stability due to ligaments, presence of the central extensor slip
- MP: Hemispherical in its dorsal part, bicondylar in its ventral part. Asymmetrical, different from fingers to fingers, 2 main axles of motion

# **Conclusion 3**

 Swanson's design, which is very tolerant and easy to change is still the reference, even with its numerous complications

 New models have to proved their tolerance but also their ability to maintain or improved motion and their durability